

DO NOT USE OTHER ABRASIVE PRODUCTS OR CHEMICAL EXFOLIATING PRODUCTS ON THE SKIN FOR SEVERAL DAYS AFTER USING skin care products like microdermabrasion crystals. AS WITH ALL EXFOLIATING SKIN CARE TREATMENTS, AVOID DIRECT EXPOSURE TO THE SUN AND USE SUNBLOCK DAILY.

How do I use my crystals?

First wash your face thoroughly with an antibacterial soap and warm water. Then pat dry. **Start by using ½ of a teaspoon of crystals and add it to your facial cleanser** by mixing in your hand to achieve and preferred texture. **Less cleanser will make a harsher mixture.** Use less crystals and increase as you become accustomed to product. You can also simply mix with water and apply, however this will create an extremely aggressive treatment that is not advised with the first 3-4 sessions. Gently scrub face in circular motions starting in the center and working outward. **Total treatment time of face should not exceed 90 seconds. Do not scrub too long or vigorously in one area.** Irritation may result.

Discontinue if rash appears. Between treatments, **remember to use plenty of sunscreen when going outdoors.** Do not use in conjunction with an ongoing **chemical peel process** or **microdermabrasion peel cloth.** After treatment, do not rub crystals off of face. Simply splash face with cool water until crystals are removed. Again do not rub crystals off. After rinsing crystals from face, pat your face dry with a clean soft towel. Do not apply alcohol-based astringents, but you may pat your face down with a cotton puff that contains witch hazel. Remember that your crystals will not absorb water, however **your entire face treatment should not exceed 90 seconds.**

Purchasing our product constitutes an agreement that we are released from any claims, implied or stated that you have or may have in the future in connection with any of our products, regardless of results. By purchasing our products, you fully understand that you are using them at your own risk.

Directions must be followed precisely. Do not use longer than the directions indicate or you may risk skin damage. Remember to **start with a lighter pressure** and adjust for your skin type as needed.

When will I see Results?

Do this regime every 7 -10 days. Results will be seen after 3 or 4 treatments, but your face will go slightly pink for 24 hours after the first treatment. This is normal and bolsters the production of collagen and elastin – making you skin firmer and smoother. Since all individuals are different results will vary.



The information contained in our brochure is for educational purposes only and not to be used as medical advice or as a recommendation for treatment of disease. For diagnosis and treatment, consult your physician.

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Home Use Microdermabrasion Crystals



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of Nature*

The Road to a Better you!

www.BalanceofNature.ORG

Gulf Breeze, Florida 32563

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*The primary distributor of
NutriCare Plus Products*



This is first & last stop.

We are now offering the astonishing new skin care product that is sought after by millions of consumers.

Microdermabrasion Crystals for home users who wish to perform their own dermabrasion treatments.

These medical grade microdermabrasion crystals are the exact same crystals found in most high-end dermabrasion creams and lotions, such as the popular

Susan Lucci Youthful Essence kit.

These are the exact same crystals being used in microdermabrasion units that are located in your nearest Doctor's office, spa or salon.

You simply add these crystals to their own body wash, shower gel, facial cleanser, liquid soap, cream, or lotion for an all-over body exfoliation.

Effective in reducing the appearance of:

- Hyperpigmentation • Sun Damage
- Fine Lines and Winkles • Acne Scars
 - Blending Post-Laser areas
 - Age Spots
 - Uneven Skin Tones
 - Enlarged Pores

This is the only FDA approved abrasive for microdermabrasion

4 oz. packet. It is enough to do

4-5 facial sessions.

Our medical grade crystals have also been filtered to obtain our 99.78% purity percentage.

The oxide shell does not allow aluminum to touch your skin. It is impermeable and can only be separated with acid.

99.78% Pure Aluminum Oxide,
Medical Grade.

These medical grade microdermabrasion crystals (4oz packets) are the exact same crystals found in most high-end dermabrasion creams lotions. These crystals are only ones approved by the FDA.

We are so sure that you will absolutely love our microdermabrasion crystals that they are

100% MONEY BACK GUARANTEE.

(You have nothing to lose..)

SAFE FACTS ABOUT OUR CRYSTALS

Corundum (Aluminum Oxide) is the primary material used in microdermabrasion. It is not an unsafe material as some will try to lead you to believe; in fact, it is the only FDA approved abrasive for microdermabrasion. Corundum is an inert, naturally occurring substance and is a crystal, not a metal. Corundum has never been linked to any medical condition in any study performed by any of the research laboratories, not just in the U.S. but also in Europe.

Yes, our crystal has been "pre-sterilized" as other suppliers call it. All this means is that the crystal has been fused in a high temperature oven at 4000 degrees.

Manual dermabrasion Benefits

Gentle manual application allows you to control the aggressiveness of treatment.

Less expensive and less recovery time than physician-based treatments.

Safe and easy to use at home. Simply add to a base such as lotion or soap (or for a real aggressive treatment, use no base except water), then apply to your face with a soft, wet towel or washcloth. You determine the aggressiveness of treatment. You customers will save a tremendous amount of money!

1lb will easily correspond to 20 facial treatments - a cost savings of 900% over traditional in-office physician applications.

Traditional suction-type dermabrasion can cause bruising, broken capillaries, and other visible problems. Customers start slow and work their way up to a more aggressive treatment as needed.

Promotes increased blood flow and circulation, stimulating your skin cells to rejuvenate and increase production of collagen and elastin.

Used as directed, our products are safe and effective. However, because everyone's skin differs, we cannot absolutely guarantee the precise results you will experience. We have no responsibility or liability for any misuse of this product or for any consequential injury as a result of using our products.

Since you will be applying our products to your own skin without the supervision of a skin care professional, control of the product is entirely up to you! Remember to start with a lighter pressure and adjust for your skin type as needed. Thicker, less sensitive skin can handle a little more pressure. For sensitive skin, start with a lighter pressure for the first time and gradually increase pressure for succeeding sessions.